



MAHAKAUSHAL SHAKTI ANNUAL REPORT

2025-2026

MAHAKAUSHAL SHAKTI

Shakti Mahakaushal has emerged as a strong platform for women from diverse backgrounds to come together, share experiences, develop skills, and contribute meaningfully to nation-building. The organization promotes self-reliance, leadership development, social awareness, health and wellness, environmental conservation, and educational advancement among women and youth.

During the year 2025–26, Shakti Mahakaushal successfully organized numerous impactful programs, including women empowerment campaigns, skill development workshops, environmental awareness drives, health and nutrition initiatives, student engagement activities, cultural programs, and community outreach events.

The organization continues to strengthen its network through collaboration with educational institutions, social organizations, farmers' groups, and community leaders, thereby extending its reach and impact across the region.

As we present this Annual Report at the General Body Meeting in Kolkata, we take pride in the collective achievements of our members, volunteers, coordinators, and beneficiaries. Their dedication, commitment, and spirit of service have enabled Shakti Mahakaushal to make meaningful contributions toward the empowerment of women and the welfare of society.

With renewed enthusiasm and determination, Shakti Mahakaushal looks forward to expanding its activities and creating even greater opportunities for empowerment, leadership, and social transformation in the coming years.

VISION

To create an inclusive, equitable, and empowered society where every woman realizes her full potential, enjoys equal opportunities, and contributes confidently to social, economic, educational, and cultural development.

MISSION

To empower women through education, skill development, leadership training, and self-reliance initiatives.

To promote gender equality and create awareness about women's rights, health, and well-being.

To encourage active participation of women in community development, environmental conservation, and nation-building activities.

To support underprivileged and deserving women through mentorship, guidance, and financial assistance.

To foster a strong network of socially conscious women committed to service, innovation, and positive societal change.

OBJECTIVES

- ❖ Women's Empowerment and Leadership
- ❖ Develop leadership qualities among women and girls through training programs, workshops, and community engagement.
- ❖ Education and Skill Development
- ❖ Promote educational opportunities, career guidance, digital literacy, and vocational skill enhancement for women and youth.
- ❖ Health, Nutrition, and Wellness
- ❖ Organize awareness programs on physical, mental, and reproductive health, nutrition, and healthy lifestyles.
- ❖ Economic Empowerment
- ❖ Encourage entrepreneurship, self-employment, and income-generating activities among women through capacity-building initiatives.
- ❖ Social Welfare and Community Service

MAHAKAUSHAL SHAKTI – GOVERNING COUNCIL

National Vice President	- Dr. Ankita Bohare
President Mahakaushal Shakti	- Dr. Geeta Shukla
Vice President Mahakaushal Shakti	- Mrs. Alka Madhusadan Patel
Treasurer Mahakaushal Shakti	- Dr. Raj Laxmi Tripathi
General Secretary Mahakaushal Shakti	- Dr. Aparna Awasthi
Joint Secretary Mahakaushal Shakti	- Dr. Purnima Beohar

SHAKTI MAHAKOUSHAL REGISTRATION DETAILS

Unit Name	: Shakti Mahakaushal
Area of Operation of the unit	: Madhya Pradesh Mahakaushal Prant
Life members	: 127
Registration Number	: 04/14/14269/12
Registration Date	: 14/3/2012

MAHAKAUSHAL SHAKTI PARTICIPATION

1. Abhyas Varg : Rashtriya Abhyas Varg is an orientation Program conducted once in two years for the state executive team. aimed at strengthening leadership, coordination, and organizational vision.



Date: 03 to 05 May 2025

Mahakaushal Shakti Actively participated in the orientation program

Five members (Dr. Meera Ramrakhayani, Ms. Alka Patel, Mrs. Veena Jain, Mrs. Asha Shrivastava & Mrs. Ganga Patel) of Shakti Mahakaushal Actively participated and actively, contributing valuable ideas and gaining insights that help strengthen the functioning and future initiatives of our organization. Their participation reflects the commitment of Mahakaushal Shakti towards leadership development, organizational learning, and women's empowerment.

NATIONAL PROGRAMMES

Samarpan Diwas

On the occasion of Bhagini Nivedita's Birth Anniversary, various activities and programs are organized every year in schools during 13-28 October, in acknowledgement of her 'Service to Society' motto. Bhagini Nivedita's dedication, untiring efforts and active contribution in sowing the seeds of Indian Culture and Values and her resolute efforts in the field of Science and Technology.

Inspiration from the Life of Sister Nivedita Theme: "Service, Science and Sanskar"



Coordinators - Mrs. Veena Jain , Dr. Geeta Shukla, Dr. Meena Gupta, Dr Deepti Shrivastava, Mrs. Krishna Rajpoot and Dr. Mukul Tiwari

Beneficiaries - 120

National Science Festival



Science Festival :

Coinciding with the Day for Women and Girls in Science (11 February) and National Science Day (28 February), science activities such as science fairs, showcasing innovations, competitions, deliberations, debates for the students and interactions with eminent Scientists as a motivation for girl students to pursue science as career, are conducted.



Coordinators Dr. Mukta Bhatele, Dr. Renu Pathak & Dr. Divya Singh
Place: Narmada School Jabalpur
Beneficiaries – 120

SHAKTI STHAPANA DIWAS

Shakti Sthapana Diwas was organized with great enthusiasm and dignity at Rotary Hall, Jabalpur. The event was graced by the esteemed presence of Chief Guest Mrs. Kirti Abhilash Pandey and Guest of Honour Dr. Amita Saxena, who adorned the dais and inspired the gathering with their presence. The program commenced with Shakti Prarthana, followed by the ceremonial lighting of the lamp, symbolizing knowledge, positivity, and empowerment. On this special occasion, **“Shakti Prerna Samman”** was conferred upon **Dr. Anubha Upadhyay** for her inspiring contributions, while **“Swa Shakti Sahyog”** was awarded to Kumari Sunaina Sahu in recognition of her commendable efforts in academics and sports.

A major highlight of the event was the felicitation of 10 distinguished women from various fields with the Excellence Award for their outstanding contribution to society.



PROJECTS

Yuva Shakti Abhiyaan

Yuva Shakti Abhiyan:

It is specially designed for adolescent girl students through individual sessions for a bright future. This program is a seven-day workshop for creating an overall awareness among young girls regarding studies, ethics and values, etiquette, self-grooming, health and hygiene, legal aspects, social responsibilities, skill enhancement and career guidance. The program was coordinated successfully by Dr. Meena Gupta, Mrs. Alka Madhusudan Patel and Dr. Veena Jain

Date: 21/1/2026 Arya Kanya Shala Jabalpur

21/1/2026 Dr. Rekha Kakodiya, RDVV Jabalpur stress management

22/1/2026 Dr. Sandhya Jain Health and physiology

23/1/2026 Smt. Rekha Choudhary food and nutrition

24/1/2026 Adv. Smt. Nirmala Nayak Legal Rights and self defence

27/1/2026 Dr. Meena Gupta, Dr. Aparna Awasthi – Career, Education and Career, social Responsibility

Total Number of beneficiaries 60



GRAM PARI

- Gram Pari is an initiative of SHAKTI for women from rural and marginalised society.



SHAKTI
(A NATIONAL MOVEMENT FOR WOMEN)



A grand "Gram Pari" Camp was organized by Shakti Mahakaushal, Jabalpur on 29 March 2026 at Panchayat Bhavan, Village Barha, Samadhi Road, Bargi. The camp is intended upliftment of rural women, children, and senior citizens.

Shakti Mahakaushal Gram Pari Awareness camp in remote village Barginagar was organized in a rural area located forty kilometers away from the Jabalpur city.



Gram pari : Coordinators : Mrs. Alka Patel, Dr. Meena Gupta, Dr. Meera Ramrakhayani
number of beneficiaries 140

MOTHER'S KITCHEN

Mahakaushal shakti is continuously promoting the use of fermented foods fresh microgreens, fresh green salads and millets in daily diet

**Co Ordinators – Dr. Ankita Bohare, Dr. Rajlaxmi Tripathi, Dr. Geeta Shukla,
Dr. Aparna Awasthi Beneficiaries - 60**



Lab to Land Activity

Prayogashaala se Dhara Tak



Concept

- “Lab to Land” initiative by Shakti Mahakaushal helped in taking scientific research, technologies, and innovations from Laboratories & Research institutions and Universities to land hence reaching directly to farmers and rural communities for practical use.

This programme included

- Technology transfer
- Training and capacity building for women farmers and students in rural and urban areas.
- Dissemination of improved practices
- Extension education activities in rural and urban areas





Coordinator : Dr. Mitali Das, Dr. Aparna Awasthi, Dr. Manila Bhatiya
Number of Beneficiaries : 800 - Date : 15 Dec. 2025

PRAMA 2026

Bhartiya women in Chemistry

This year Shakti Mahakaushal is privileged to contribute 17 biographies and articles to be published in upcoming PRAMA 2026

CO-ORDINATORS - Dr. Mukul Tiwai, Dr Meera Ramrakhayani, Dr. Aparna Awasthi, Dr. Purnima Beohar

INSTITUTIONAL COLLABORATIONS

Mahakaushal Shakti has MOU with esteemed Institute of Agricultural Sciences and Institute of Skill Development and Vocational Studies Rani Durgawati University
Jabalpur (M.P.)

STREE- (SCIENCE-TECHNOLOGY-RESEARCH-ENTREPRENEURSHIP ENHANCEMENT)

Stree National conference & Expo

Science Technology Research Entrepreneurship Enhancement

Theme: Women as Conservator and Propagator of Indian Knowledge Systems – Adi to Amrit Kaal.



Participants from Mahakaushal Shakti : Dr. Usha Masram, Dr. Rajshri Kapoor, Dr. Ganga Patel, Dr. Veena Jain, Dr. Meena Gupta, Dr. Rajlaxmi Tripathi, Chandra Prakash Vaishya, Smt. Deepti Shrivastava, Smt. Alka Patel, Smt. Savita Tiwari, Ku. Nanda Tiwari

Date : 06 08 Dec. 2024

Place : Maulana Azad National Institute of Technology (MANIT) Bhopal

Special contribution of mahakaushal shakti in promoting under privileged areas of Jabalpur City

The school at Gurraiya Ghat has been adopted by Mahakaushal Shakti, where continuous support and assistance have been provided to the students since 2016. The organization has been actively contributing to the overall development and well-being of the children by offering necessary resources and guidance from time to time. A special mention goes to Dr. Veena Jain, who has been generously supporting the initiative by bearing educational expenses.

Co-Ordinator of Nagar Nigam Prathmik Sala Gaurriya Ghat Jabalpur Dr. Veena Jain
Beneficiaries – 200 students



E-SHAKTI:

SHAKTI has taken an initiative to enhance technical proficiency among the women for promoting digital literacy in the country. Region-wise training programmes are designed based on a detailed need analysis for each group of young and old women from both rural and urban background.



Date : 11 FEB. 2026

**Coordinators : Dr. Mukta Bhatele, Dr. Meena Gupta, Dr. Alka Madhu Sudan Patel,
Dr. Veena Jain, Dr. Chandra Prakash Vaishya**

Number of Beneficiaries 80

SHAKTI FACEBOOK PAGE



Shakti Mahakoushal >

🔒 Private group · 130 members

👤 Joined ▾

👤+ Invite



You

Photos

Events

Files

Shakti on social media created by our Ex-president and patron
Prof. Dr. Karuna S. Verma

Environmental Protection

Spreads awareness on ecological restoration and Nature-friendly practices.



Coordinator : Dr. Gunjan Nema, Dr. Mitali Das, Dr. Anushri Garg

Number of Beneficiaries : 80

Date : 23 Aug. 2025



SHAKTI

(A NATIONAL MOVEMENT FOR WOMEN)

THANK YOU